



## **SURGERY CENTER**

2750 South River Road  
Des Plaines, Illinois 60018  
224/612-7000

### **Patient Instructions for Pre-Surgery Covid-19 Testing**

#### **COVID-19 RT-PCR test**

Per the Illinois Department of Public Health (IDPH), we are required to test you utilizing the RT-PCR test for Covid-19 prior to your surgery/procedure.

We need to perform this test on a specific day/time frame in order to receive the test results before your procedure/surgery.

Please bring your insurance card and picture ID (preferably a drivers' license)

This test requires you to produce sputum and spit it into a sterile container. **Rinse mouth with water prior to coming to the surgery center. 30 minutes before arriving do not eat, use mouthwash, chewing tobacco or tobacco dip.** This specimen is sent for Covid-19 testing.

You are having your test at: Surgery Center drive-up your doctor's office (please circle). Your Covid-19 test day is \_\_\_\_\_ between these hours \_\_\_\_\_. **You cannot come on any other day/time but the one you are given.**

*The Uropartners Surgery Center Covid-19 testing is a 'drive-up' testing center. It is ONLY for patients having surgery at our surgery center. It is not for family or friends. There are no bathroom facilities at the testing site.*

The hours of operation are Monday through Friday 8 AM- 4PM.

You will receive reminder e-mail/text messages leading up to your Covid-19 test.

This test requires you to spit into a receptacle: see instructions below. **Please be prepared to do this.**

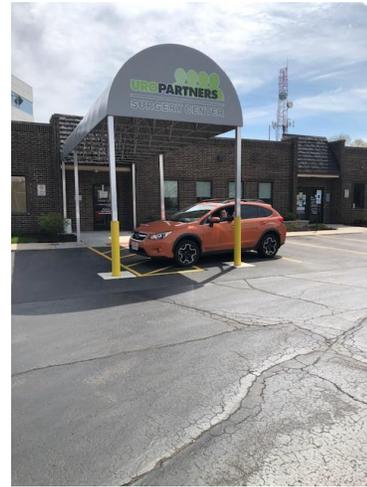
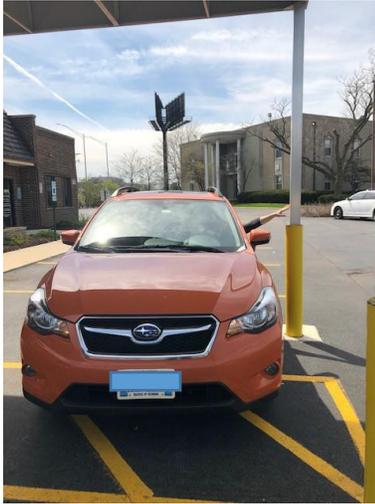
1. Please drink plenty of water before arrival.
2. Deep breathing helps loosen secretions and bring them to the back of the throat and will help in collecting a good sample.
3. Rinse mouth with plain water. This will help in reducing cross contaminates of microbes found in the mouth.
4. Perform 3 deep breaths and cough, expectorating the sputum into container. If the staff person tells you, you did not produce an adequate sample on the first try, you will continue to cough until you're able to spit enough to be tested.



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**1. Please drive under the awning and press the doorbell. After ringing the door bell, move under the awning another 2 feet (approximately).**



**2. The UroPartners Surgery Center staff member will come out, take your insurance card and photo ID to make a copy. You will also be asked to sign a consent for this Covid-19 testing. At this point, the staff will ask you to start deep breathing to loosen secretions.**

**3. This staff member will then ask you to spit and keep spitting into the container until enough spit/sputum is collected. Once collected, you are done and may leave the testing site. Your picture ID and Insurance Card will be returned.**

**4. The staff member will remind you of your surgery/procedure date and that an RN will be contacting you the day before to perform another Covid-19 assessment and give you additional instructions.**

**We will only contact you if the test result is positive.**

**A positive result will cause the surgery center to postpone your surgery for 4 weeks and will require a repeat Covid-19 test result after 4 weeks. Follow-up with your primary care provider and follow the quarantine guidelines of the CDC and IDPH.**