

STENT REMOVAL DISCHARGE INSTRUCTIONS

How to Remove Your Stent At Home

1. Wash and clean hands thoroughly.
2. While standing up straight, take hold of the string and pull the stent straight down with a firm, steady motion until the stent is completely out.
3. The stent is approximately 25-30cm long. It will feel uncomfortable but it should not be painful.

Important Notes

Once the stent is removed, it is normal to experience some pain the next time you urinate. Blood in the urine is also normal for a few days and will improve.

Make sure you drink enough fluids and stay hydrated to keep your urine a pale yellow color. This will reduce the likelihood of blood clots in your urine. If there is excessive bleeding that will not stop or very large blood clots in the urine, please call your doctor immediately.

If you do NOT feel comfortable removing the stent by yourself, please call your doctor's office directly. The stent can be removed by a staff member in the office.

***If you have any questions or concerns regarding your surgery (even after business hours or over the weekend), PLEASE CALL THE 24 HOUR ON CALL NURSE at 224-612-7000.**

Please go to your nearest Hospital Emergency Department if you experience chest pain, difficulty breathing, or other emergency signs or symptoms.