

WHAT TO EXPECT

- Jelmyto may cause your urine to turn a violet to blue color after treatment, but your urine flow should be normal otherwise.
- Because Jelmyto leaves your body when you urinate, it's very important to be careful after treatment and follow these instructions when you get home:
 - Avoid contact with urine for at least 6 hours after treatment.
 - Wash your hands, inner thighs, and groin with soap and water after urination.
 - Male and female patients should sit on a toilet and flush the toilet **three times** after use for the first 6 hours.
 - Once discharged, please lay flat on your back for 6 hours to the best of your ability.
 - Wash clothing right away and by itself (not with other clothes) if any urine gets on them.

ACTIVITY INSTRUCTIONS

- Anesthesia takes **24 hours** to wear off. No driving/operating heavy machinery during this time.
- Please REST and take it easy after surgery. Anesthesia can make you feel light headed and dizzy.
- It is ok to shower the day after surgery.
- Increase your daily activity and exercise gradually as tolerated.
- Avoid strenuous exercise or heavy lifting (greater than 10-15 pounds) until cleared.
- Please consult with your doctor on when you can resume sexual activity. Wearing a condom during intercourse is recommended throughout the entire treatment course.

DIET INSTRUCTIONS

- Resume your normal diet if you did not have anesthesia.
- If you received anesthesia, eat a light meal today as anesthesia can make you nauseous.
- Increase your fluid intake and hydration (preferably water) over the next week. Increasing your fluid intake will help dilute the urine.

MEDICATIONS

- Take Tylenol (500 mg every 6 hours) as directed for pain or discomfort.

CONTACT YOUR DOCTOR'S OFFICE IMMEDIATELY IF YOU EXPERIENCE THE FOLLOWING:

1. Fever greater than 100.6F, severe chills, continued nausea or vomiting.
2. Severe and increasing side pain that doesn't go away with medication.



JELMYTO (MITOMYCIN) DISCHARGE INSTRUCTIONS

Phone: (224) 612-7000

3. Increasing amount of blood in your urine or very large blood clots
4. Inability to urinate

FOLLOW UP

- Call your doctor's office to schedule a follow-up appointment (if not already scheduled).

***If you have any questions or concerns regarding your surgery (even after business hours or over the weekend), PLEASE CALL THE 24 HOUR ON CALL NURSE at 224-612-7000.**



SURGERY CENTER

Phone: (224) 612-7000

Please go to your nearest Hospital Emergency Department if you experience chest pain, difficulty breathing, or other emergency signs or symptoms.

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