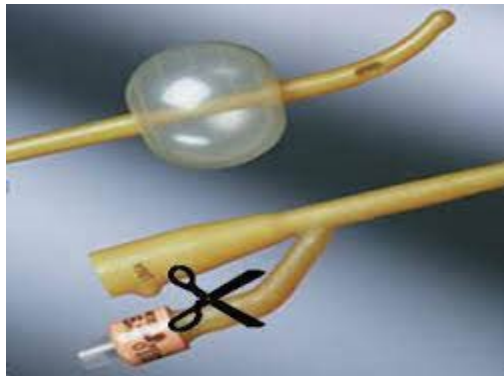


HOW TO REMOVE YOUR CATHETER AT HOME

******Always wash your hands before touching your catheter******

Supplies Needed: Scissors



CUT HERE

A rubber catheter was placed after your surgery to help assist you with urination.

There are 2 valves at the end of the catheter that form the letter V. One valve attaches to the bag (where urine flows into) and the other valve goes out to the side (this valve has a colored cylinder around it with numbers). See image above.

To remove the catheter, take a pair of scissors and cut off the valve with the colored cylinder (as shown in the photo above).

Water will drain out of the catheter and this will deflate the balloon that is holding the catheter in place.

Once the valve is cut off and the water has drained, you can begin to pull the catheter out slowly. Pull the catheter straight down while standing up.

Discard the entire catheter and bag once removed and wash your hands thoroughly.

***PLEASE NOTE: If you do NOT feel comfortable removing the catheter at home, please call your doctor's office directly. The catheter can be removed by a staff member in the office.**

***If you have any questions or concerns regarding your surgery (even after business hours or over the weekend), PLEASE CALL THE 24 HOUR ON CALL NURSE at 224-612-7000.**

Please go to the nearest Hospital Emergency Department if you experience chest pain, difficulty breathing or other emergency symptom.

